



From Northwest Essentials, Inc.

Using Spectra® 360 Electrode Gel with the Advanced Foot Energizer

If you are experiencing decreased conductivity through the base of your feet due to dry skin we recommend using Spectra® 360 Electrode Gel.

Spectra® 360 Electrode Gel is a salt and chloride free electrode gel from Parker Labs that eliminates sodium ion transfer. Spectra® 360 Electrode Gel works by wetting the skin to reduce skin resistance. The Spectra® 360 conductive gel works well for users who need additional conductivity through the plantar conductive pads (sole) on the Advanced Foot Energizer. If you have dry skin on the bottom of your feet this is a perfect solution to increasing the pain relieving benefits of your machine.

To Use on Feet: place a small dab of electrode gel on your finger and spread over the bottom of your foot. You do not to have a thick layer, just enough to wet the skin.

To Use on Advanced Foot Energizer: prior to placing feet on the energizer, place a small dab of electrode gel on your finger and spread over the black textured parts of the foot shaped silicone plantar pads.

